

Honeywell's

R E C I P E



Bang Bang Chicken (Serves 4)

Ingredients

- 4 Cooked Chicken Breasts, shredded
- 6 Shallots, finely sliced
- 100g Fresh Coriander
- Juice of 2 Limes
- 4 Cloves of Garlic
- 4tsp Sesame Oil
- 4 tsp Soy Sauce
- 100g Cashews, toasted
- 4tbsp Vegetable Oil
- 8 Pak Choi Leaves, shredded
- 2 Limes, cut into wedges

Method

1. Mix the Shallots, Coriander and Chicken Breast in a bowl.
2. Put the Lime Juice, Garlic, Sesame Oil, Soy Sauce and Toasted Cashews in a mini-blender and blitz.
3. Place the Shallot, Coriander & Chicken mix into a frying pan and cook gently until golden.
4. Heat the Vegetable Oil in a wok and stir fry the Pak Choi for one minute, until wilted.
5. Combine the Chicken mix with the sauce from the blender and serve over the Pak Choi.
6. Garnish with Lime wedges.



Recipe cards available at

www.honeywellfarmshop.com